

MINI + YOUTH SPORTS FESTIVAL DUBAI 2026

Mini & Youth Sports Festival 12 A SIDE RULES

All are reminded that the Mini & youth Sports Festival Dubai and all games should be played in line with World Rugby Values - **Integrity, Passion, Solidarity, Discipline and Respect**. The intention of the tournament organisers is that the tournament will be played in a positive spirit, respecting the laws of the Rugby Union.

All 12 a side age groups will play 15 a side rules in line with UAE age group law variations. These can be found on the Tournament website. The following amendments will apply.

- Each team will consist of 6 forwards and 6 backs.
- Each team will have 6 players in a scrum and a minimum of 2 in a lineout
- All kicks for posts after scoring a try will be a drop goal. No place kicking in any age groups.
- The No 8 cannot pick and go from the base of the scrum.
- The defending scrum half cannot go past the mid line of the scrum - U11s-U14s.

